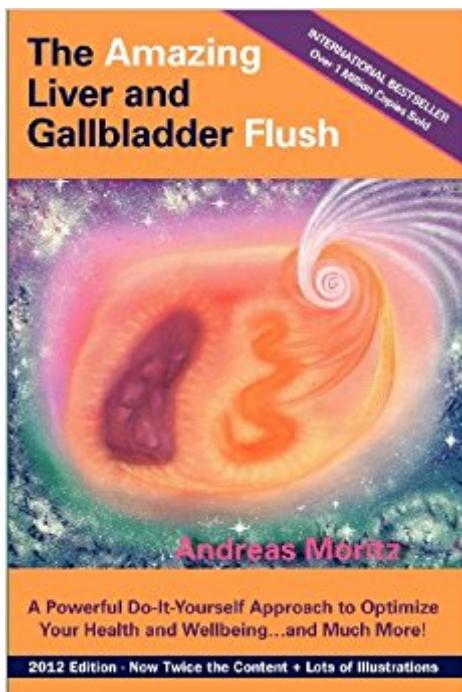


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# The Amazing Liver And Gallbladder Flush



## Synopsis

In this greatly expanded edition of his international bestseller, Andreas Moritz reveals the most common but rarely recognized cause of illness - gallstones congesting the bile ducts in the liver. Besides leading to gallbladder diseases and gallstone attacks in at least 20 million Americans each year, in many cases, liver bile duct congestion sets the stage for even more serious, seemingly unrelated, conditions, including obesity, diabetes, heart disease, and cancer. Most adults living in the industrialized world, and especially those suffering a chronic illness, such as irritable bowel syndrome, heart disease, arthritis, multiple sclerosis, cancer, or diabetes, have in fact hundreds if not thousands of gallstones (mainly clumps of hardened bile that escape detection for they are invisible to x-rays, ultrasound, and CT scans) blocking the bile ducts of their liver. This book provides a thorough understanding of the liver and its complex functions, what causes gallstones in the liver and gallbladder, and why these stones can be held responsible for the most common diseases so prevalent in the world today. It provides the reader with the knowledge needed to recognize these stones and gives the necessary, do-it-yourself instructions to painlessly remove them in the comfort of one's home. Packed with images, the book also gives practical guidelines on how to prevent new gallstones in both the liver and gallbladder. The liver and gallbladder flush (cleanse) has led to extraordinary improvements in health and wellness among millions of people who have already given themselves the precious gift of a strong, clean, revitalized liver. Besides providing the practical procedures to cleanse the liver, gallbladder, kidneys, and intestines, Moritz explains in great detail the origin of all types of common diseases and how to prevent or reverse them naturally. The book is packed with precious, time-tested approaches designed to return the body to a permanent state of balance and vitality; it includes a complete program of healthcare, which is primarily based on the ancient medical system of Ayurveda and the vast amount of experience Andreas Moritz has gained in the field of health restoration during the past 30 years. Moritz is the author of 15 groundbreaking books on natural health and a leading, internationally recognized, authority in the field of integrative medicine.

## Book Information

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## Customer Reviews

In February 2013 I was admitted to the hospital with extreme gastric pain. I was put on a morphine drip, had elevated liver enzymes in my blood work, had an ultrasound scan of my abdomen, and I was diagnosed with gallstones. The doctor viewed my scan results, and said my gallbladder was about 3/4 full of gallstones, and was infected. She put me on antibiotics, recommended a ZERO fat diet, and referred me to a surgeon to remove my gallbladder ASAP. She told me the gallbladder is not a necessary organ, I don't need it to survive. I did my own research on the subject. In my research, I discovered that YES. You DO need your gallbladder. Since I had no health insurance, and no \$15,000 - \$20,000 lying around to pay for surgery, I found Andreas Moritz's book, and opted to at least try it. If it didn't work, I would only be out the \$10 or so I paid for it. But I should at least give it a try. This book is easy to follow, it makes a LOT of sense, and IT WORKS. My first flush, I got out HUNDREDS of stones. Each flush thereafter, I got out about as many. I have been doing one flush per month, and finished my 8th flush this past weekend. I have NOT HAD ONE ATTACK since I started this regimen. I have noticed the following improvements in my health: Better digestion. No gallbladder attacks! No more ER visits!!! My vision improved, I no longer need my glasses AT ALL. Crazy. My acne completely cleared up. My skin GLOWS now. It NEVER glowed before. Hormonal balance. (I was always on the verge of melting down every month) Incredible energy. Lower back pain, GONE. Very few mood swings. Sleep better. Increased immune system (I have not caught ONE cold or flu since I've been doing these flushes) The whole experience has taught me something I think everyone on the planet should know. The healthcare industry and doctors are not looking out for you. They are out to MAKE MONEY. Your local hospital, and surgeons do not make money off of selling you Epsom salts, grapefruits, and olive oil. Homeopathic remedies are not profitable for them, so they will not recommend these alternative treatments, no matter how successful they are. This flush is easy. Yes, the Epsom salts taste bitter. I put lemon juice & honey in mine, and throw it back. BETTER THAN MAJOR SURGERY. Yes fasting sucks. Again, it's BETTER THAN

HAVING SURGERY. Pooping for an entire day is not how I would prefer to spend a Sunday, but once again, it's BETTER THAN REMOVING AN ORGAN YOUR BODY NEEDS, AND CAN REPAIR WITH THE HELP OF THIS FLUSH!!!This experience has changed my whole entire view on this countries healthcare approach, and it has changed my lifestyle. I now view my body with respect, and I treat it accordingly. I no longer even need a doctor, as my health is better now that it was in my 20's.I gave up eating meat altogether. I am vegan on most days. I'm not perfect. I still have the occasional slice of cheesy pizza, or mac-n-cheese, or cake & ice cream. But the majority of the time, I am very careful about what food I fuel my body with. I have also done a lot of research, and feel that eating organic, and growing my own vegetables is the best idea. I avoid anything grown with pesticides, or vegetables that have been genetically modified by shady corporations. I have never felt better in my entire life, and look forward to the day I go back to the radiologist, and get a scan of my gallbladder, so I can wave it in that ER doctor's face, and ask her if she still thinks I should have surgery?!?!?!If you are having ANY digestive issues, BUY THIS BOOK. It will change your life. I'm not exaggerating, and I have nothing to gain from writing this review. If anything, I'm hoping this review encourages you to try this flush. The flush is easy to do, and you will be so surprised how many other health conditions you have which also improve. Inside your body, everything is interconnected. If one system is out of whack, other systems follow suit. Your liver is SO important. Clean it out, optimize it's function, and keep it's best friend, the gallbladder. You have the power to heal yourself. You don't have to be sick and tired anymore. It's your choice. Pay a ton of money for surgery & expensive RX medications. Or you can buy this book, some Epsom salts, grapefruits, and olive oil.Best of luck to everybody out there :DKate

All the information in this book is better than what the doctors at the hospital told me, better than what a particular doctor advised me, and I can tell it is working, you only need to stick to the plan and put everything to practice. I'm 31 years old, after about 3-4 months of having issues with my gallbladder, I started to find out more and more friends from high school and others that had the same issues as I did. One of my friends was recommended as I was recommended to remove his gallbladder, after he has remove it, I can tell he has more issues that he has slowly developed, he gained a lot of weight and he does not look as healthy as when he was younger, he is 35 by the way. My best friend's wife, she is 28 and had removed her gallbladder, she has gained more weight and she seems in a worst shape than when she had her gallbladder, my best friend had told me that she has stomach problems often and other symptoms that are started to worry me after I was diagnosed with gallstones in my gallbladder.Because of the reasons mentioned above, I decided to

try to find something natural and see my luck. After a little research I found this book, I read almost all the comments and purchased the book, after I read it a lot of things started to make sense to me, I started to ask all my friends about their experiences of removing their gallbladders, and those who have not remove them cause of being scared or money issues, so I came to understand than this book give me more than what the doctors at the Hospital give me, the doctors at the emergency only give me drugs to reduce the pain, recommended me to remove it, when I asked for more information they told me that it was perfectly fine to remove it, that I was not going to develop any issues, that I could have a normal life, and that I do not need my gallbladder, which it was a lie, or a lack of knowledge! I ask some nurses in the hospital to give me more information, at what their reply was Google it! I tried one another naturist doctor, he give me some good information and some good natural supplements and the diet this naturist give me was about close to what this book describes, the Naturist-Doctor is from Colombia, not from the US. After 2 months I decided to contact other Naturist-Doctors form El Salvador, and so on from Central America and South America, all of them confirm the information given in this book was really good! So I can tell you fro my 3 moths experience this really works, but like everything, you have to stick and follow everything step by step and be patient, change your habits of eating, and you will notice the best results from what this is all about!

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